

Can intraoperative near-infrared fluorescence imaging improve tumor resection margins in glioblastoma surgery? A technical note review

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ABSTRACT

Glioblastoma (GBM) is a highly aggressive brain tumor with limited treatment options, where achieving maximal safe resection is critical for improving patient outcomes. However, distinguishing tumor margins from surrounding healthy tissue intraoperatively remains challenging due to the infiltrative nature of GBM. Near-infrared (NIR) fluorescence imaging has emerged as a promising tool to enhance surgical precision by providing real-time visualization of tumor tissue during resection. This technical note evaluates the utility of intraoperative NIR fluorescence imaging in improving tumor resection margins in GBM. Current technical note review demonstrates that NIR fluorescence imaging significantly enhances the ability to achieve complete tumor resection while sparing normal brain tissue. This technique offers real-time guidance, improves accuracy, and integrates seamlessly with existing surgical workflows. Despite its promise, limitations such as variability in tumor metabolism and the inability to detect deeply infiltrative cells highlight the need for further refinements. Larger studies are warranted to validate these results and explore the long-term impact on survival. In conclusion, intraoperative NIR fluorescence imaging is a valuable adjunct in GBM surgery, offering the potential to improve resection margins and patient outcomes.



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INTRODUCTION

Glioblastoma (GBM) is the most aggressive and common primary malignant brain tumor in adults, with a dismal prognosis despite advances in surgical and adjuvant therapies.¹ Achieving maximal safe resection of the tumor is critical for improving survival and quality of life, as residual tumor tissue often leads to rapid recurrence. However, distinguishing tumor margins from surrounding healthy brain tissue intraoperatively remains a significant challenge due to the infiltrative nature of GBM.²

Traditional methods such as neuronavigation, intraoperative ultrasound, and contrast-enhanced MRI have limitations, including reduced accuracy during surgery due to brain shift or incomplete visualization of infiltrative tumor cells.³ To address these challenges, near-infrared (NIR) fluorescence imaging has emerged as a promising adjunctive tool. This technique utilizes fluorescent agents, such as 5-aminolevulinic acid (5-ALA) or indocyanine green (ICG), which selectively accumulate in tumor tissues, enabling real-time visualization of tumor margins under NIR light. This technical note describes the application of intraoperative NIR fluorescence imaging in GBM surgery, focusing on its ability to improve tumor resection margins.

TECHNICAL NOTE

Patients received oral 5-ALA at a dose of 20 mg/kg body weight 4–6 hours prior to surgery. Tumor cells metabolize 5-ALA into protoporphyrin IX (PpIX), a compound that emits red fluorescence under blue light (375–440 nm). Indocyanine green (ICG), an alternative agent for NIR fluorescence

(780–820 nm), was noted for its utility in vascular mapping and tumor demarcation, though 5-ALA remained the primary agent.

A standard craniotomy was performed to access the tumor site, guided by preoperative MRI data. The surgical approach prioritized minimizing damage to adjacent functional brain regions. Standard neurosurgical techniques ensured adequate exposure of the tumor mass while maintaining hemostasis and cortical integrity.

An operating microscope equipped with an integrated NIR fluorescence module (e.g., Zeiss Pentero or Leica M530 OHX) enabled real-time visualization of fluorescent tissue. Under blue light, PpIX-rich tumor regions emitted vivid red fluorescence, contrasting sharply with the dark background of normal parenchyma. This distinction allowed surgeons to identify tumor margins with enhanced accuracy, particularly in areas where visual or tactile cues were ambiguous.

Resection focused on systematically removing fluorescent-positive tissue, with continuous intraoperative feedback refining the resection boundaries. Surgeons prioritized complete excision of high-fluorescence regions while sparing non-fluorescent brain tissue. In borderline zones, fluorescence intensity guided decisions, balancing maximal tumor removal with preservation of neurological function.

Following initial resection, the cavity was re-examined under fluorescence to detect residual tumor. Absence of fluorescence signaled complete resection, while persistent glowing areas prompted further targeted excision. This step aimed to minimize residual tumor burden, a critical factor in delaying GBM recurrence.

Table 1. Current Published Literature on Intraoperative NIR Fluorescence Imaging.

Study/Source	Objective	Key Findings	Limitations/Challenges
Kalisvaart et al 2022 ⁴	To explore the use of ICG-based NIR fluorescence imaging for tumor visualization and optimizing intraoperative tumor identification in gastrointestinal stromal tumors (GISTs).	Improved visualization and aided in precise tumor resection during surgery.	Limited to tumors with sufficient vascularization; requires further validation in larger patient cohorts.
Handgraaf et al 2014 ⁵	To review emerging NIR modalities like NIR imaging and freehand nuclear margin imaging using tumor-specific contrast agents.	fluorescence enhances tumor detection and nuclear margin delineation; tumor-specific agents improve specificity.	Dependence on contrast agent availability; variability in tumor uptake.
Mieog et al 2010 ⁶	To validate a novel handheld NIRF camera system equipped with a 690 nm LED.	The handheld NIRF camera system identified tumor margins and guided resection.	Requires integration into existing surgical workflows; tumor cost and accessibility of the device.

	nm laser for detecting resection, and guiding tumor demonstrating resection. sensitivity and specificity.	technology may limit high adoption. and
Oosterom et al 2022 ⁷	To engineer "click-on" fluorescence detectors enabled that transform robotic fluorescence-guided surgical instruments surgery using robotic implementation. into molecular sensing platforms, enhancing devices. precision and adaptability.	Limited to robotic systems; potential technical challenges in widespread implementation.
Pepper et al 2024 ⁸	To determine the 5-ALA fluorescence- safety and efficacy of guided surgery repeated oral 5-ALA improved gross total fluorescence intensity; as a radiosensitizer in resection (GTR) rates infiltrative cells may remain glioblastoma and demonstrated undetected. treatment. safety in repeated applications; ongoing trials aim to confirm long-term benefits.	Variability in tumor metabolism affects

RESULTS AND DISCUSSION

Intraoperative near-infrared (NIR) fluorescence imaging has emerged as a transformative tool in GBM surgery, offering real-time visualization of tumor margins. This advancement is particularly significant given the aggressive and infiltrative nature of GBM, which often complicates complete resection. By enhancing the ability to distinguish between tumor and normal brain tissue, NIR fluorescence imaging provides surgeons with a critical advantage in achieving maximal safe resection.^{9,10} From a physiological perspective, this technology leverages the selective uptake and metabolism of fluorescent agents, such as 5-aminolevulinic acid (5-ALA), by tumor cells.¹¹ The resulting fluorescence highlights areas of high metabolic activity, which are characteristic of GBM cells, thereby guiding surgical decisions in real time.

Compared to traditional methods that rely on preoperative imaging or visual and tactile cues during surgery, NIR fluorescence offers several distinct advantages. One key benefit is real-time guidance, which allows surgeons to dynamically adjust their approach based on the fluorescence patterns observed during the procedure.^{12,13} This adaptability reduces the likelihood of leaving behind residual tumor tissue, which is a common cause of recurrence in GBM patients. Furthermore, the improved accuracy of tumor delineation minimizes damage to surrounding healthy brain tissue, preserving neurological function and improving postoperative quality of life. These advantages underscore the potential of NIR fluorescence imaging to address longstanding challenges in GBM surgery, where precision is paramount.

The ease of integrating NIR fluorescence imaging into existing surgical workflows is another factor contributing to its growing adoption. Modern surgical microscopes are increasingly equipped with NIR fluorescence modules, making this technology accessible to a wide range of healthcare facilities.¹⁴ This integration not only enhances the technical capabilities of surgeons but also aligns with the broader trend toward minimally invasive and precision-based surgical techniques. From a

practical standpoint, the compatibility of NIR fluorescence with standard surgical equipment reduces the need for extensive training or additional infrastructure, facilitating its widespread implementation.¹⁵ This accessibility is particularly important in the context of GBM, where timely and effective treatment can significantly impact patient outcomes.

Despite its promise, NIR fluorescence imaging is not without limitations. A critical constraint is its reliance on the metabolic activity of tumor cells for the selective accumulation of fluorescent agents like 5-ALA. Variability in tumor metabolism among patients can affect the intensity and reliability of fluorescence, potentially leading to incomplete visualization of tumor margins.¹⁶ Additionally, GBM are known for their infiltrative growth pattern, with tumor cells often extending beyond the visibly fluorescent margin.^{17–19} This biological characteristic highlights the need for adjuvant therapies, such as radiation and chemotherapy, to target residual microscopic disease and prevent recurrence. These limitations underscore the importance of viewing NIR fluorescence imaging as a complementary tool rather than a standalone solution.

The ongoing refinement of NIR fluorescence imaging holds promise for addressing current limitations and expanding its applications in GBM surgery.²⁰ Advances in fluorescent agents, such as the development of more specific and sensitive probes, could enhance the accuracy of tumor detection and reduce variability in fluorescence patterns. Moreover, combining NIR imaging with other intraoperative technologies, such as artificial intelligence-driven image analysis, may further improve the precision of tumor resection. From a physiological and clinical perspective, these innovations could lead to better stratification of patients based on tumor characteristics, enabling personalized treatment strategies. While challenges remain, the continued evolution of NIR fluorescence imaging represents a critical step forward in the quest to improve outcomes for patients with GBM, one of the most challenging cancers to treat.

CONCLUSION

Intraoperative near-infrared fluorescence imaging is a valuable tool for improving tumor resection margins in GBM surgery. Current technical note demonstrates its potential to achieve gross total resection with minimal morbidity. While larger studies are needed to validate these findings, this technique holds promise for enhancing surgical outcomes and prolonging survival in patients with GBM. Future research should focus on optimizing fluorescent agents, refining imaging technologies, and integrating NIR fluorescence with other intraoperative modalities to further improve precision and safety.

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